





Places, projects and ideas for promoting donation in your community

# **Share your story**

Tell us about you! Send us a short write up about you and your connection to donation and include a photo. Email your story to VolunteerServices@neds.org.

# Set up a talk

With your local high school health class, driving school class; at your workplace; social/business group or organization, place of worship

# Contact your community's Council on Aging or Senior Center

Older Americans often assume they are told old to be considered for organ & tissue donation. However, there is no upper age rule out's to register to be a donor, and we can potentially help people into our 90's. Contact your local Council on Aging for opportunities (talks, health fairs).

### Check out opportunities in your community

Festivals, health fair, blood drive; or competition you can wear our apparel, i.e. 5k's, triathlons and other events.

## **Participate in National Donate Life Month**

National Donate Life Month is observed in April, celebrate Donate Life Month in your community - set up a table or display; fly the Donate Life flag at a public location.

#### Join us at our Blue & Green Walk/5k

Walk or run with us at our Blue & Green Walk in Connecticut in the spring and in Massachusetts in the fall. This is a wonderful event bringing out Donate Life Community together.

There are also volunteer opportunities at the walks.

**Social Media** is also a great way to share information about donation with your family, friends and contacts.

**Team up** with family and friends and march in your community's 4th of July, Fall or Holiday parades; Tell us your ideas!!





